EMOLiA / SCHOOLS

Calmer classrooms start with emotionally equipped adults.

Practical emotional intelligence experiences for teachers, parents, students and whole-school teams. Start with the audience and pressure point that matter most to your school.

WHERE YOUR SCHOOL CAN BEGIN

Teachers	Emotional regulation, classroom de-escalation and wellbeing.
Parents	Emotional coaching, calm boundaries and school-home consistency.
Students	Age-appropriate awareness, regulation, confidence and relationships.
Whole-school teams	A shared emotional language across staff, leadership and home.

AN ILLUSTRATIVE LEARNING SEQUENCE

01 Educator
Practise a calmer response to a moment of classroom pressure.

02 Student
Name an emotion, notice a body signal and choose a response.

03 Family
Use a shared conversation prompt to continue learning at home.

WHAT HAPPENS NEXT

Complimentary discovery audit > tailored experience > school-home reinforcement where relevant > agreed next-step plan.

Programme format, ages, duration and delivery are agreed with each school. The sequence above illustrates the approach; it is not a fixed lesson plan.

BOOK A COMPLIMENTARY SCHOOL AUDIT

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